



Future Champions Training Program / Schedule 2009 - 2010

Semester #1:	August 17, 2009 to December 18, 2009
Semester #2:	January 11, 2009 to May 14, 2009
Thanksgiving Break:	TBA
Winter Break:	TBA
Spring Break:	TBA

Tuesday & Thursday

4:00 to 4:45 PM	On Court Training
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Future champions training is targeted towards 6 - 8 year old beginner tennis players. The goal of the program is to teach the children the basics of the game and to allow them to experience hitting balls over the net. Instruction will take place on a smaller court than a regulation court in order to facilitate the children's ability to experience the real thing. It will include the development of hand eye coordination and ball tracking skills through the use of on court games and drills.

****Schedule subject to change****